## Finders, KEEPERS

There's more to brushing your teeth than just toothpaste and a toothbrush! Read the statements below for tips on how to brush your teeth. Then, find the words in bold in the word find.



Brush your teeth **TWICE** a day for **TWO MINUTES** each time.

Make sure your toothpaste includes **FLUORIDE** to help fight cavities.

Your **TOOTHBRUSH** should be replaced every three months. A toothbrush with **SOFT** bristles is best.

Brush your **TONGUE** to get rid of bacteria and make your breath smell good!

You only need to use a dab of toothpaste the size of a **PEA.** 

Always brush your **TEETH** after eating sticky foods like raisins or taffy.

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**FOR MORE FUN,** ask a parent for help getting online to take quizzes on the Tooth Fairy, healthy snacks and more! Visit ddwi.toothfairyactivities.com to get started.

## **A DELTA DENTAL**